


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>7040 Van Nuys Blvd. Van Nuys, CA 91405 (818) 906-4400</p>		<p>Morni  Daily Chronicles <b>1</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Walking Club</p> <p>Aftern  Karaoke Social</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>	<p>Morni  Daily Chronicles <b>2</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Musical Movement</p> <p>Aftern  Baker's Corner</p> <p>Aftern  Meditation &amp; Guided Imagery</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p>	<p><b>Themed Thursday: Christmas Around the World</b> <b>3</b></p> <p>Morni  Daily Chronicles</p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Butterflies &amp; Birds</p> <p>Aftern  Walking Club</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>	<p>Morni  Daily Chronicles <b>4</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Musical Movement</p> <p>Aftern  Picture It: Rebus Puzzles</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p> <p>Aftern  Sing-A-Long</p>	<p>Morni  Daily Chronicles <b>5</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Relaxation &amp; Restoration</p> <p>Aftern  Karaoke Social</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>	
	<p>Morni  Daily Chronicles <b>6</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Meditation &amp; Guided Imagery</p> <p>Aftern  Relaxation &amp; Restoration</p> <p>Aftern  Smoothie Shop</p> <p>Aftern  TV Classics</p>	<p>Morni  Daily Chronicles <b>7</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Musical Movement</p> <p>Aftern  Butterflies &amp; Birds</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p> <p>Aftern  Sing-A-Long</p>	<p>Morni  Daily Chronicles <b>8</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Walking Club</p> <p>Aftern  Karaoke Social</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>	<p>Morni  Daily Chronicles <b>9</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Musical Movement</p> <p>Aftern  Baker's Corner</p> <p>Aftern  Meditation &amp; Guided Imagery</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p>	<p><b>Themed Thursday: Holiday Sweaters/Shirts</b> <b>10</b></p> <p>Morni  Daily Chronicles</p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Butterflies &amp; Birds</p> <p>Aftern  Walking Club</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>	<p>Morni  Daily Chronicles <b>11</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Musical Movement</p> <p>Aftern  Picture It: Rebus Puzzles</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p> <p>Aftern  Sing-A-Long</p>	<p>Morni  Daily Chronicles <b>12</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Relaxation &amp; Restoration</p> <p>Aftern  Karaoke Social</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>
	<p>Morni  Daily Chronicles <b>13</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Meditation &amp; Guided Imagery</p> <p>Aftern  Relaxation &amp; Restoration</p> <p>Aftern  Smoothie Shop</p> <p>Aftern  TV Classics</p>	<p>Morni  Daily Chronicles <b>14</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Musical Movement</p> <p>Aftern  Butterflies &amp; Birds</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p> <p>Aftern  Sing-A-Long</p>	<p>Morni  Daily Chronicles <b>15</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Walking Club</p> <p>Aftern  Karaoke Social</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>	<p>Morni  Daily Chronicles <b>16</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Musical Movement</p> <p>Aftern  Baker's Corner</p> <p>Aftern  Meditation &amp; Guided Imagery</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p>	<p><b>Themed Thursday: Holiday Head Gear</b> <b>17</b></p> <p>Morni  Daily Chronicles</p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Butterflies &amp; Birds</p> <p>Aftern  Walking Club</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>	<p>Morni  Daily Chronicles <b>18</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Musical Movement</p> <p>Aftern  Picture It: Rebus Puzzles</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p> <p>Aftern  Sing-A-Long</p>	<p>Morni  Daily Chronicles <b>19</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Relaxation &amp; Restoration</p> <p>Aftern  Karaoke Social</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>
	<p>Morni  Daily Chronicles <b>20</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Meditation &amp; Guided Imagery</p> <p>Aftern  Relaxation &amp; Restoration</p> <p>Aftern  Smoothie Shop</p> <p>Aftern  TV Classics</p>	<p>Morni  Daily Chronicles <b>21</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Musical Movement</p> <p>Aftern  Butterflies &amp; Birds</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p> <p>Aftern  Sing-A-Long</p>	<p>Morni  Daily Chronicles <b>22</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Walking Club</p> <p>Aftern  Karaoke Social</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>	<p>Morni  Daily Chronicles <b>23</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Musical Movement</p> <p>Aftern  Baker's Corner</p> <p>Aftern  Meditation &amp; Guided Imagery</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p>	<p><b>Christmas Eve</b> <b>24</b></p> <p><b>Themed Thursday: Holiday Socks</b></p> <p>Morni  Daily Chronicles</p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Butterflies &amp; Birds</p> <p>Aftern  Walking Club</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>	<p><b>Christmas Day</b> <b>25</b></p> <p>Morni  Daily Chronicles</p> <p>Morni  Daily Affirmations</p> <p>Morni  Musical Movement</p> <p>Aftern  Picture It: Rebus Puzzles</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p> <p>Aftern  Sing-A-Long</p>	<p>Morni  Daily Chronicles <b>26</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Relaxation &amp; Restoration</p> <p>Aftern  Karaoke Social</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>
	<p>Morni  Daily Chronicles <b>27</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Meditation &amp; Guided Imagery</p> <p>Aftern  Relaxation &amp; Restoration</p> <p>Aftern  Smoothie Shop</p> <p>Aftern  TV Classics</p>	<p>Morni  Daily Chronicles <b>28</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Musical Movement</p> <p>Aftern  Butterflies &amp; Birds</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p> <p>Aftern  Sing-A-Long</p>	<p>Morni  Daily Chronicles <b>29</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Walking Club</p> <p>Aftern  Karaoke Social</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>	<p>Morni  Daily Chronicles <b>30</b></p> <p>Morni  Daily Affirmations</p> <p>Morni  Bingo</p> <p>Morni  Musical Movement</p> <p>Aftern  Baker's Corner</p> <p>Aftern  Meditation &amp; Guided Imagery</p> <p>Aftern  Balloon Volleyball</p> <p>Aftern  Movie Matinee</p>	<p><b>New Year's Eve</b> <b>31</b></p> <p><b>Themed Thursday: Parisian Wear</b></p> <p>Morni  Daily Chronicles</p> <p>Morni  Daily Affirmations</p> <p>Morni  Sit and Be Fit</p> <p>Aftern  Butterflies &amp; Birds</p> <p>Aftern  Walking Club</p> <p>Aftern  Trivia Fun</p> <p>Aftern  TV Classics</p>	<p> Be Challenged</p> <p> Be Inspired</p> <p> Be Social</p> <p> Be Well</p>	