


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>VALLEY VISTA SENIOR LIVING</p> <p>7040 Van Nuys Blvd. Van Nuys, CA 91405 (818) 906-4400</p>		<p>9:00 🚩 Daily Chronicles & Daily Schedule 1</p> <p>10:30 🟡 Sit and Be Fit</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🟡 Balloon Volleyball</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🌟 Creative Writing: Finish that Story</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 2</p> <p>11:30 🟡 Zumba</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Poetry Corner</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Wednesday Wine-Down</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 3</p> <p>10:30 🟡 Sit and Be Fit</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Gingerbread Houses</p> <p>2:30 🌟 Afternoon Matinee</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 4</p> <p>11:30 🟡 Zumba</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Artist Corner</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🌟 Creative Writing: Finish that Story</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 5</p> <p>11:30 🟢 Yoga</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Holiday Crafts: Bath Products</p> <p>2:30 🌟 Afternoon Matinee</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	
	<p>9:00 🚩 Daily Chronicles & Daily Schedule 6</p> <p>10:30 🟡 Balloon Volleyball</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 📺 Great Courses: Cultural Exploration</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Trivia Fun</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 7</p> <p>10:30 🟡 Fun with Fitness</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 📺 Great Courses: Cultural Exploration</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Trivia Fun</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 8</p> <p>10:30 🟡 Sit and Be Fit</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🟢 Trivia Fun</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🌟 Creative Writing: Finish that Story</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 9</p> <p>11:30 🟡 Zumba</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Poetry Corner</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Wednesday Wine-Down</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 10</p> <p>10:30 🟡 Sit and Be Fit</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Holiday Traditions from Around the World</p> <p>2:30 🌟 Afternoon Matinee</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 11</p> <p>11:30 🟡 Zumba</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Floral Fun</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🌟 Creative Writing: Finish that Story</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 12</p> <p>11:30 🟢 Yoga</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Holiday Crafts: Cards</p> <p>2:30 🌟 Afternoon Matinee</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>
	<p>9:00 🚩 Daily Chronicles & Daily Schedule 13</p> <p>10:30 🟡 Balloon Volleyball</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 📺 Great Courses: Cultural Exploration</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Trivia Fun</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 14</p> <p>10:30 🟡 Fun with Fitness</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 📺 Great Courses: Cultural Exploration</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Trivia Fun</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 15</p> <p>10:30 🟡 Sit and Be Fit</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🟢 Black Jack</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🌟 Creative Writing: Finish that Story</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 16</p> <p>11:30 🟡 Zumba</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Poetry Corner</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Wednesday Wine-Down</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 17</p> <p>10:30 🟡 Sit and Be Fit</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Holiday Crafts: Bath Products</p> <p>2:30 🌟 Afternoon Matinee</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 18</p> <p>11:30 🟡 Zumba</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🌟 Creative Writing: Finish that Story</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 19</p> <p>11:30 🟢 Yoga</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Holiday Crafts: Cocoa in a Bottle</p> <p>2:30 🌟 Afternoon Matinee</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>
	<p>9:00 🚩 Daily Chronicles & Daily Schedule 20</p> <p>10:30 🟡 Balloon Volleyball</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 📺 Great Courses: Cultural Exploration</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Trivia Fun</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 21</p> <p>10:30 🟡 Fun with Fitness</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 📺 Great Courses: Cultural Exploration</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Trivia Fun</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 22</p> <p>10:30 🟡 Sit and Be Fit</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Artist Corner</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🌟 Creative Writing: Finish that Story</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 23</p> <p>11:30 🟡 Zumba</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Poetry Corner</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Wednesday Wine-Down</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 24</p> <p>10:30 🟡 Sit and Be Fit</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Hallway Carolers</p> <p>2:30 🌟 Afternoon Matinee</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 25</p> <p>11:30 🟡 Zumba</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Floral Fun</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🌟 Creative Writing: Finish that Story</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 26</p> <p>11:30 🟢 Yoga</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Holiday Crafts: Resolution Jar</p> <p>2:30 🌟 Afternoon Matinee</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>
	<p>9:00 🚩 Daily Chronicles & Daily Schedule 27</p> <p>10:30 🟡 Balloon Volleyball</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 📺 Great Courses: Cultural Exploration</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Trivia Fun</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 28</p> <p>10:30 🟡 Fun with Fitness</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 📺 Great Courses: Cultural Exploration</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Trivia Fun</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 29</p> <p>10:30 🟡 Sit and Be Fit</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🟢 Black Jack!</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🌟 Creative Writing: Finish that Story</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 30</p> <p>11:30 🟡 Zumba</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>1:30 🌟 Poetry Corner</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:30 🟢 Wednesday Wine-Down</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>9:00 🚩 Daily Chronicles & Daily Schedule 31</p> <p>10:30 🟡 Sit and Be Fit</p> <p>12:30 🟢 Lunch in the Dining Room</p> <p>2:30 🌟 Afternoon Matinee</p> <p>3:00 🟢 Midnight in Paris</p> <p>4:15 🟡 Evening Stroll</p> <p>4:30 🗣️ Stay Connected: Family FaceTime</p>	<p>📺 Be Adventurous</p> <p>🚩 Be Challenged</p> <p>🟢 Be Connected</p> <p>🗣️ Be Family</p> <p>🌟 Be Inspired</p> <p>🟡 Be Well</p>	