


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Daylight Saving Time Begins Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern ★ Meditation & Guided Imagery Aftern 🍷 Relaxation & Restoration Aftern ★ Smoothie Shop Aftern 🦋 TV Classics	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Musical Movement Aftern 🍷 Butterflies & Birds Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee Aftern ★ Sing-A-Long	Election Day Transportation to Voting Polls Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern 🍷 Walking Club Aftern ★ Flower Power Aftern 🚩 Trivia Fun Aftern 🦋 TV Classics	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Musical Movement Aftern ★ Baker's Corner Aftern ★ Meditation & Guided Imagery Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee	Themed Thursday: Colorful Creations! Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern 🍷 Butterflies & Birds Aftern 🍷 Walking Club Aftern 🚩 Trivia Fun Aftern 🦋 TV Classics	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Musical Movement Aftern 🚩 Picture It: Rebus Puzzles Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee Aftern ★ Sing-A-Long	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Sit and Be Fit Aftern 🍷 Relaxation & Restoration Aftern ★ Karaoke Social Aftern 🚩 Trivia Fun Aftern 🦋 TV Classics	
Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern ★ Meditation & Guided Imagery Aftern 🍷 Relaxation & Restoration Aftern ★ Smoothie Shop Aftern 🦋 TV Classics	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Musical Movement Aftern 🍷 Butterflies & Birds Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee Aftern ★ Sing-A-Long	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern 🍷 Walking Club Aftern ★ Karaoke Social Aftern 🚩 Trivia Fun Aftern 🦋 TV Classics	Veterans Day Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Musical Movement Aftern ★ Baker's Corner Aftern ★ Meditation & Guided Imagery Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee	Pajama Day Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern 🍷 Butterflies & Birds Aftern 🍷 Walking Club Aftern 🚩 Trivia Fun Aftern 🦋 TV Classics	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Musical Movement Aftern 🚩 Picture It: Rebus Puzzles Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee Aftern ★ Sing-A-Long	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Sit and Be Fit Aftern 🍷 Relaxation & Restoration Aftern ★ Karaoke Social Aftern 🚩 Trivia Fun Aftern 🦋 TV Classics	
Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern ★ Meditation & Guided Imagery Aftern 🍷 Relaxation & Restoration Aftern ★ Smoothie Shop Aftern 🦋 TV Classics	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Musical Movement Aftern 🍷 Butterflies & Birds Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee Aftern ★ Sing-A-Long	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern 🍷 Walking Club Aftern ★ Karaoke Social Aftern 🚩 Trivia Fun Aftern 🦋 TV Classics	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Musical Movement Aftern ★ Baker's Corner Aftern ★ Meditation & Guided Imagery Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee	TV Fun Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern 🍷 Butterflies & Birds Aftern 🍷 Walking Club Aftern 🚩 Trivia Fun Aftern 🦋 TV Classics	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Musical Movement Aftern 🚩 Picture It: Rebus Puzzles Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee Aftern ★ Sing-A-Long	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Sit and Be Fit Aftern 🍷 Relaxation & Restoration Aftern ★ Karaoke Social Aftern 🚩 Trivia Fun Aftern 🦋 TV Classics	
Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern ★ Meditation & Guided Imagery Aftern 🍷 Relaxation & Restoration Aftern ★ Smoothie Shop Aftern 🦋 TV Classics	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Musical Movement Aftern 🍷 Butterflies & Birds Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee Aftern ★ Sing-A-Long	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern 🍷 Walking Club Aftern ★ Karaoke Social Aftern 🚩 Trivia Fun Aftern 🦋 TV Classics	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Musical Movement Aftern ★ Baker's Corner Aftern ★ Meditation & Guided Imagery Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee	Football Fun Thanksgiving Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern 🍷 Butterflies & Birds Aftern 🍷 Walking Club Aftern 🚩 Trivia Fun Aftern 🦋 TV Classics	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Musical Movement Aftern 🚩 Picture It: Rebus Puzzles Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee Aftern ★ Sing-A-Long	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Sit and Be Fit Aftern 🍷 Relaxation & Restoration Aftern ★ Karaoke Social Aftern 🚩 Trivia Fun Aftern 🦋 TV Classics	
Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni 🍷 Sit and Be Fit Aftern ★ Meditation & Guided Imagery Aftern 🍷 Relaxation & Restoration Aftern ★ Smoothie Shop Aftern 🦋 TV Classics	Morni 🚩 Daily Chronicles Morni ★ Daily Affirmations Morni ★ Bingo Morni 🍷 Musical Movement Aftern 🍷 Butterflies & Birds Aftern 🍷 Balloon Volleyball Aftern ★ Movie Matinee Aftern ★ Sing-A-Long	 <p>7040 Van Nuys Blvd. Van Nuys, CA 91405 (818) 906-4400</p>					🚩 Be Challenged ★ Be Inspired 🦋 Be Social 🍷 Be Well